

From Principal's Pen....

My dear young Superheroes,

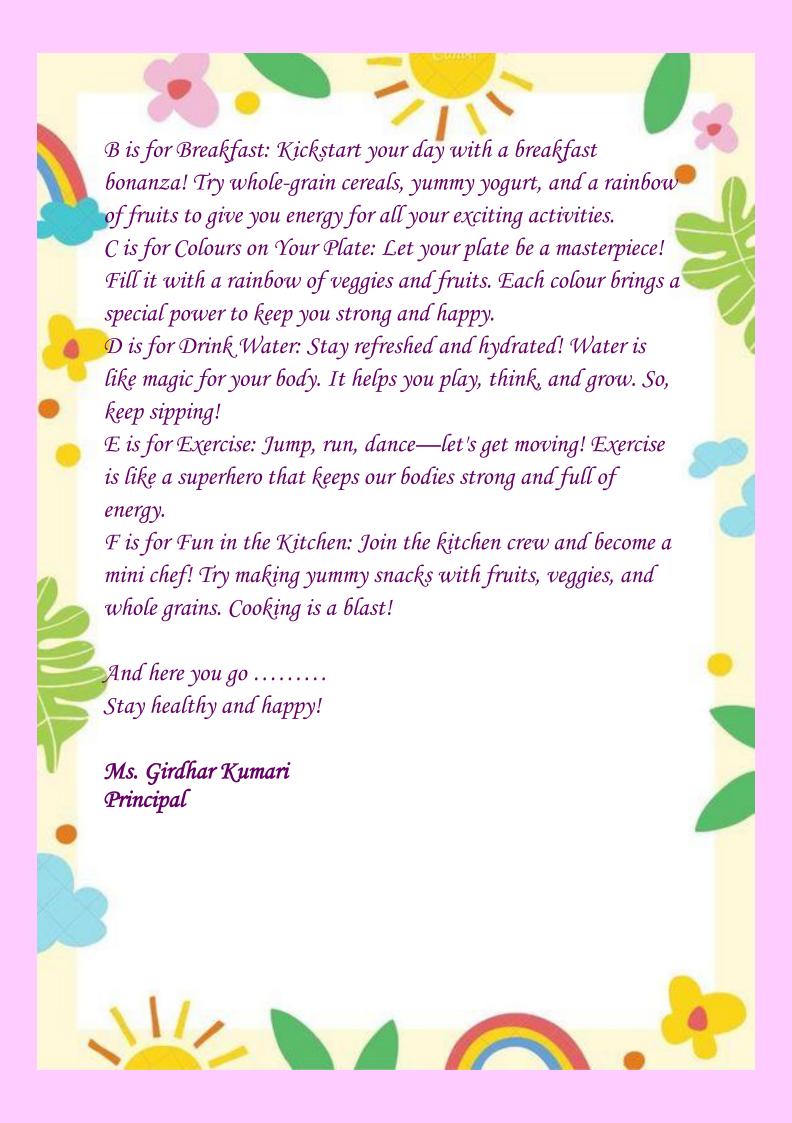
In this issue of the PYP Newsletter, I would like to draw your attention to the ABC of healthy eating. Did you know that healthy eating is like magic for young superheroes like you? It's not just about filling our tummies; it's about giving our bodies the right fuel to grow, play, and learn.



Healthy food is the secret potion that makes you stronger, smarter, and ready to take on any adventure. The amazing world of healthy eating — where every bite is a step towards a happy, strong, and adventurous you! Just like superheroes have their power-packed meals, we're diving into the ABCs of Healthy Eating to discover the tasty treasures that make our bodies supercharged and ready for fun.

I'll begin and each one of you can create your own ABC's in the list -

A is for Apples: An apple a day keeps the doctor away! Crunch into this sweet and juicy fruit for a snack that's as fun as it is healthy.





Free the child's potential and you will transform him/her into the world.

- Maria Montessori

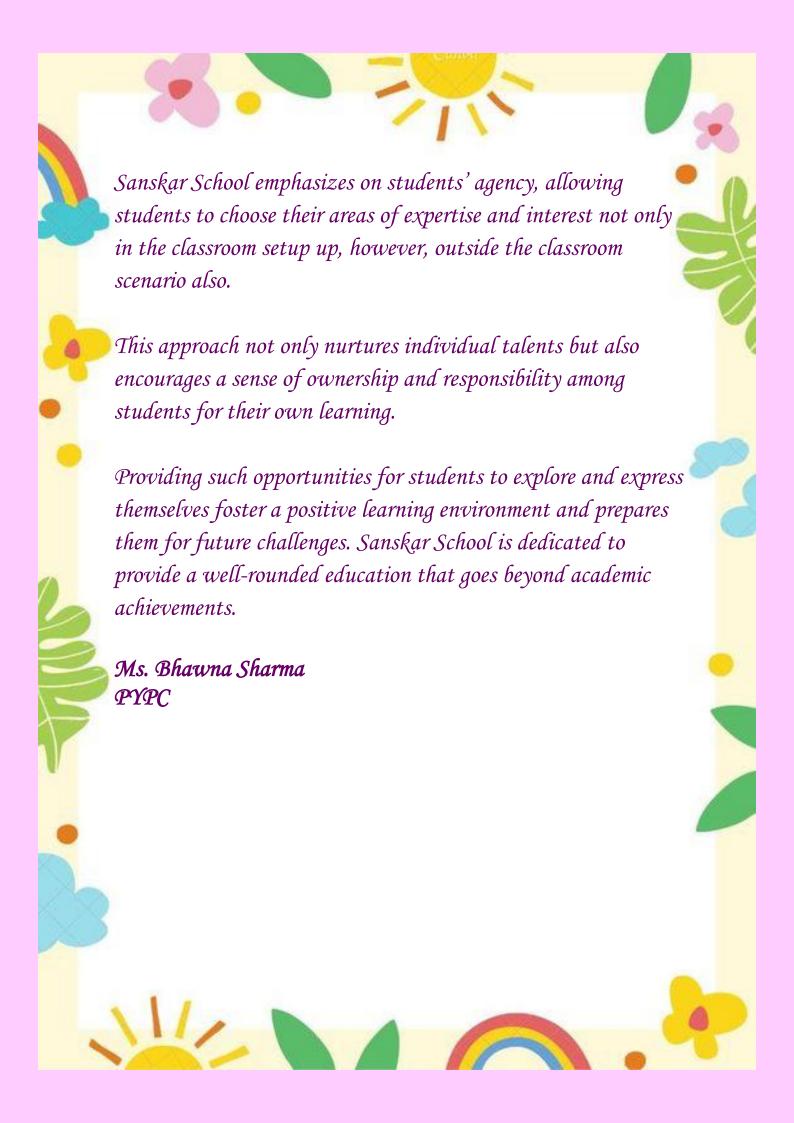
Vibrant and engaging activities took place at

Sanskar School in the Primary years during a few last months.

The combination of hard work, research and tireless efforts along with the showcasing of talents by learners, reflects a commitment to holistic education.

The involvement of grade 2, 3 and 4 learners in stage presentations where they could present their skills, have been a great learning experience. Such events not only provide a platform for self-expression but also foster confidence and creativity among students. The mix of drama, dance, music and presentations likely added a rich and diverse dimension to the shows, making them enjoyable for both participants and audience.

The culmination of grade 5's PYP journey with the PYP Exhibition and stage presentation is a significant milestone.





"Play give children a chance to practice what they are learning"

-Fred Rogers

Our tiny tots of grade Vatika, explored about the concept of different seasons and time (day and night) under the Transdisciplinary theme – How the world works. Under this theme learners learnt names of various seasons and objects we use in different seasons and why.

Probing questions made them enable to develop their critical thinking skill and application of their learning in



Tiny tots also explored the world of animals under the theme — Sharing the planet. They were very curious to explore this theme as it was based on animals and their habitats. They enhanced their vocabulary by learning the names of land and water animals. They also dived into the concept of wild, domestic and pet animals by doing different fun activities like making animal masks, creating stories using hand puppets and stick puppets of animals, animal walk activity and making sounds of animals. They enjoyed watching a video of Mysore zoo.

They developed the learner profile attribute, knowledgeable by knowing the things we get from animals and after completing this theme they understood the importance of animals in our lives as well as our responsibilities towards them. They took a pledge to take care of animals in their surroundings.

Our tiny tots of grade Praveshika engaged themselves in learning about the world of plants. They enjoyed a nature walk around the school where they saw different shapes, textures and sizes of leaves.

They enthusiastically participated in the germination activity and enjoyed seeing its growth day by day and recorded the data. They showcased attributes of inquirer and knowledgeable by learning the names of different types and parts of plants. They loved to do different art and craft activities related to the theme.

Little learners understood the importance of community helpers under the theme – How we organise ourselves. They also understood the importance of being organized in their lives. Under this theme they came to know about community helpers, their workplaces and the tools they use. They also developed their critical thinking skill while doing step inside activities a day without community helpers.

Bhumika
Learning Phonics in Early Years
Our enthusiastic learners

Ms. Karuna Sharma

Early Years Coordinator





Frade 1

"The capacity to learn is a gift, the ability to learn is a skill, the willingness to learn is a choice"- Brian Herbert

During the theme "Where We Are in Place and Time"— Learners became familiar with the concept of different climatic conditions around the world and researched what would be the appropriate design, construction, and materials for the houses in those areas. They also learned that the objective of the house is to keep people comfortable in all



weather and seasons, so they are safe and protected from windy, rainy, snowy, and hot weather. They realized that homes are designed in a particular way so that they work best in certain climates and according to the climate, there is a change in the shape of roofs too. They also explored houses in other countries like Bali [Indonesia], and China. They also explored that the structure of houses differs around the world depending upon the climatic conditions. Students brainstorm and discuss the wide range of different types of materials used in various climates. They also observed changes in the structure of houses over time. They become knowledgeable about eco-friendly materials used nowadays in the construction of houses which is in favour of the environment. They enjoyed the learning journey as they developed their research skills as well and they became responsible as they promised that they would keep their house as well as the surroundings clean. "The more you praise and celebrate your life, the more there is in life to celebrate". - Oprah Winfrey

Under the theme 'How We Express Ourselves' learners enhanced their knowledge about various celebrations and beliefs around the world. They became internationally minded by exploring various celebrations and greetings around the world and understanding the beliefs and values behind these festivities. Learners were excited to celebrate the festival of Diwali with their peers in the school. To develop Empathy among the young learners a food donation drive was organized which was wholeheartedly supported by the learning community.

Ms. Sunita Panwar Grade 1 Coordinator





"Education's purpose is to replace an empty mind with an open one."

—Malcolm Forbes

During the theme - 'Sharing the Planet' under the central idea - 'Human choices support the earth's resources '. Learners enthusiastically inquired about the earth's natural and manmade resources. They also inquired about types of natural resources - i.e., renewable and non-renewable resources. They explored the causes and effects of natural resources (air, water



Frade 2

and land) that are getting polluted, and how to conserve these resources. Curious inquirers pondered on strategies to preserve resources and prevent wastage. They also explored 4R's - Reduce, Reuse, Recycle, and Refuse which will help in creating a sustainable environment and a better future. They presented their learning through the phenomenal 'Class Show- 'Aimons Notre Planète!' means 'Love Our Planet'. Learners presented their talent in various forms like dancedrama, folk dance, western dance, nukkad natak, and vocal music. With their presentation they tried to make us think, appreciate, and acknowledge the role and importance of natural resources in our lives and maintain it for future generations and what action we can take to keep Mother Earth clean. It was a great success with lots of new learning and experiences for one and all!

Grade 2 Class Show Pics

Aimons Notre Planète!'

Under the theme - 'How the World Works' learners explored the central idea - 'Soil supports life on earth'. They explored various types of soil. Learners explored various videos to enhance their knowledge and reflect. They inferred from various experiments that they did like layers of soil, soil as filtration, and soil erosion. The learners reflected enthusiastically on the Importance of soil and thought about life without soil. They developed thinking skills and research skills and developed thinker and communicator learner profiles.

Ms. Anchal Midha

Grade 2 Coordinator



Frade 3

Theme - Sharing the planet has given us the opportunity to research and investigate our flora and fauna under the Central Idea - The characteristics of animals determine their survival and interdependence with other living things. Our inquisitive learners have explored the classification of animals on the basis of their food habits, and the way they move and differentiate on the basis of their habitat. This was an amazing journey for us to find the interconnection of



animals in nature through the food chain. They explored endangered and extinct animals and shared information about them. Learners inferred human activities that are harming our flora and fauna at an alarming rate. They got an opportunity to attend a guest lecture by Mr. Rakesh Prajapat a local animal activist who is taking an enormous effort in saving snakes and he imparted information about the importance of snakes in the food chain and how killing them will disturb the balance of our environment and its consequences.

How we express ourselves

Under this theme, learners enthusiastically expressed themselves through dance, drama, art, music and song. They became risk-takers by showcasing performing skills. They reflected on their learning journey through Ballet dance, Tap dance, Indian Folk dance, Nepalese song, and Drama demonstrating nine essential expressions. They learnt about different art forms like Pointillism and Warli. They learnt the footsteps of different dance styles. Learners exhibited good knowledge and connection between humans and art forms. They also enjoyed a guest lecture session by Mr. Raju Kumar, a Drama teacher on different ways of expression. They were able to explain how art forms have an impact on an individual.

Spectrum

Grade 3 Class Show Pics

Ms. Ritu Singh

Grade 3 Coordinator



Keep your eyes on the stars and your feet on the ground.

-Theodore Roosevelt

Every child is born with unique qualities keeping this criterion, we carry on learning under different Transdisciplinary themes in the Unit of Inquiry.

Our curious learners under the theme Sharing the Planet

identified and researched about causes of conflict. They creatively presented their thinking skills by writing various strategies to resolve conflicts. They effectively identified different local and global conflicts, their causes and ways to resolve them. They became knowledgeable by watching videos about famous personalities who worked for bringing peace and harmony in world. They also created a booklet, made PowerPoint Presentation to present their research work.

Under the Transdisciplinary theme, Where We Are in Place and Time, learners explored about different civilizations like Mesopotamian, Indus valley, Egyptian and Chinese. They enthusiastically shared different information about past civilizations through describing wheel. They creatively presented their imagination of traveling approximately 35000 years back, they described their life through comic strips. They showcased their understanding about past civilizations through a class show where they presented Hindi drama about Revolt of 1857, English play Night at the museum that conveyed the message to save our heritage. They enthusiastically presented Marathi dance about freedom fighter Mangal Pandey and Dragon dance describing Chinese civilization. They confidently spoke about different civilizations along with Power Point Presentation. Melodious fusion song about Indian and Western culture was presented by the learners.

Grade 4 Class Show 2023

Grade 4 Class Show Pics

Dr Nidhi Pareek

Grade 4 Coordinator







'Energy conservation' is the foundation of energy independence.

The theme -How the World Works allowed the learners to explore the various forms of energy and their conversions.

They enthusiastically presented their scientific aptitudes about energy storage and transformation by making working and non-working models. A guest lecture by Mr.

Amit helped them to understand why the storage of energy is done and how it works. Visit to the solar panel enhanced their understanding of the Law of Conservation of Energy. Learners suggested small steps to conserve energy and also spread awareness among others to do the same.



Frade 5

How we express ourselves was chosen for the PYP exhibition for the year 2023-24. Learners explored how different countries of the world express their beliefs, values and culture, challenges, and opportunities through different art forms. Each section of Grade 5 selected a country and researched in groups as well as individually and framed their own central idea and lines of inquiry. They researched the beliefs, values, culture, traditions, language, literature, food, festivals, trade, politics, currency and performing arts of Brazil, Mexico, France, Indonesia, and Russia. Guest lectures by the native speakers of these countries were organised that help the young minds to get the answers to their questions and they gauged better understanding.

Young inquirers presented their research work through charts, posters, games, PowerPoint presentations, fashion- shows, music and dance performances. Learners became open-minded and started appreciating the culture, beliefs and values of other countries. They were able to compare the features of other countries with their motherland- India. During the entire process, the change in the learners was seen in terms of the development of learner profile attributes and skills. PYP exhibition witnessed the research work of learners on beliefs, values, challenges, opportunities and cultures of different countries through different art forms. It was shared with the parent community.





The guests and parents highly appreciated their work and performances. The confidence and communication skills of students were praiseworthy. Overall, it was a great learning experience!

Grade 5 Exhibition

Grade 5 Exhibition Pics

Ms. Tanu Joshi

Grade 5 Coordinator



Tiny Tots' Fun Hetivities & Celebrations

Gardening Day (August 17, 2023)

The initiative taken by Early years' children to make the school garden area green and beautiful is commendable. Teaching children about the importance of nature and the environment from a young age is crucial for fostering a sense of responsibility and stewardship towards the planet.



Engaging in planting activities allows children to directly experience the process of germination and growth. This initiative helped the students to become curious and explore about how plants grow. By involving in activities like digging, watering and carrying pots contributed to develop gross motor skills in our young learners.



Caring for plants instils a sense of responsibility in children. It is heartening to see our young learners taking initiative to contribute positively to the planet and to their school community.



Janmashtami (September 7, 2023)

Celebration of Krishna Janmashtami on Friday, September 1, 2023 at Sanskar School was a vibrant and joyful event. This festival indeed mark the birth of Lord Krishna. The event featured splendid dances and short plays performed by our Preprimary students. These performances likely portrayed the birth and early years of Lord Krishna, allowing everyone to



immerse themselves in rich mythology and teachings associated with this revered deity. Such events provide valuable learning experiences for the students, fostering a deeper understanding of their heritage and traditions.



Talk Show (September 14, 2023)

हिंदी भाषा नहीं, भावों की अभिव्यक्ति है, यह मातृभूमि पर मर मिटने की भक्ति है।

हिंदी हमारी मातृभाषा है। यह हमें एक सूत्र में बांधने का काम करती है। हिन्दी भाषा के शब्द ही नहीं, बल्कि इसके भाव भी दिल को छूते हैं। 14 सितंबर को 1949 को हिंदी को राजभाषा बनाया तब से लेकर आज तक हिंदी के महत्व को बढ़ाने के लिए हिंदी दिवस मनाया जाता है। इस दिन छात्र-छात्राओं को हमारे देश की राष्ट्र भाषा हिन्दी के प्रति सम्मान और दैनिक व्यवहार में हिन्दी के उपयोग करने की शिक्षा दी जाती है।

संस्कार स्कूल द्वारा हिंदी के प्रति इस दिन सम्मान भाव प्रकट करने के ध्येय से प्री- प्राइमरी के नन्हें मुन्ने बच्चों के लिए वाग्मिता गतिविधि (The Talk Show) का आयोजन 14 सितंबर 2023 को किया गया। इस गतिविधि के माध्यम से छात्र-छात्राओं में स्पष्ट भाषण का कौशल विकसित करने का प्रयास किया जाता है। विद्यार्थियों ने आत्मविश्वास के साथ अपने पसंदीदा विषय-मेरा प्रिय त्यौहार, पेड़ हमारे सच्चे मित्र व मेरा विद्यालय के अनुसार सज्जित होकर कुछ पंक्तियां प्रस्तुत की व सभी का मन मोह लिया। इस प्रकार विद्यालय में हिंदी दिवस हर्षोल्लास के साथ मनाया गया।





Story Narration (October 26, 2023)

"Inside each of us is a natural-born storyteller, waiting to be released." - -Robin Moore

Stories create magic and a sense of wonder in the world. Stories allow students to discover and develop their imagination and creativity. This helps them think beyond the box to solve problems as well as foster intercommunication between students with like interests. To develop their oral communication skills, which are a critical tool for real-world success, Sanskar School organised a Story Narration activity on 26th October'2023. Our tiny tots of Early Years dramatically considered and conveyed plot, characters and emotions while







narrating the story using their toys, picture cut-outs and hand puppets.

Puppet Show (November 23, 2023)

Puppets have always fascinated children.

One of the most popular sources of entertainment across the state of Rajasthan, is its native theatre art- Kathputli, which is understood as puppet theatre. Kathputli is a string puppet performance and is an ancient and well-known form of folk entertainment. A Kathputli basically means a puppet made of single wood piece. To make our children know about puppetry of Rajasthan, Sanskar School organised Puppet Theatre on November 23rd, 2023. The children were amazed to see the beautiful puppets dancing. They also enjoyed snake dance. Watching puppet show was fun and entertaining for the children which ended with giggles and smiles.



Primary Kids' Fun Filled Days

Handloom Day (August 7, 2023)

Students of Sanskar School celebrated National Handloom Day on August 7, 2023 with enthusiasm and gratitude. Observing this day and recognizing the significance of the handloom industry and its weavers is a great initiative. Our students watched an informative video to understand the importance of this day and made PowerPoint presentations on different Indian handlooms. It not only helped our learners to know about the rich cultural heritage and economic contribution but also fostered a sense of pride and respect for these handlooms and the artisans behind them.



World Photography Day (August 19, 2023)

World Photography Day is observed every year on August 19 to celebrate the art of photography and also to motivate people to

pursue this art.







National Sports Day (August 29, 2023)

"Champions aren't made in the gyms....."Mohammad Ali



On the occasion of the 118th Birth Anniversary of our country's legendary hockey player Major Dhyanchand, Sanskar School organised a Marathon on the 29th of August, 2023 in the neighbourhood area.

The key focus of the Marathon was to build awareness towards the importance of sports and games in one's life. All the students of Grades 4 and 5 were filled with excitement, spirit of sportsmanship, and cheers. They participated with earnestness and

ran with their full might.

The winners were encouraged with medals, and all the participants were given refreshments to energise themselves. Indeed it was a remarkable and spectacular event.



World Mental Health Day (October 10, 2023)

"Health does not always come from medicine. Most of the time it comes from peace of mind, peace in the heart, peace in the soul. It comes from laughter and love."

Students of Sanskar School participated in various activities to commemorate World Mental Health Day, i.e. celebrated on October 10th.



Students practiced yoga, meditation, pranayama, and Om chanting that promote relaxation and reduce stress. These techniques are known to have a positive impact on mental health by helping individuals calm their minds and find inner peace. Additionally, activities like discussing their qualities and creating a gratitude tree helped students focus on positive aspects of their lives, fostering a sense of gratitude and self-compassion.

Learners shared their favourite activities that they like to practice at home that is a great way to engage them in self-care and self-regulation. It allows them to reflect on what brings them joy and relaxation, which can be valuable in managing their mental well-being.





World Food Day (October 16, 2023)

"Together, we can make a difference in the global quest for hunger, food security and a sustainable future."

"Charitable Trust", that serves meals to homeless and underprivileged people every day. Their actions clearly portrayed them being



empathetic, who have the sense to combat hunger in their own way. Behind this act the school's main focus was to develop the awareness about food, which is the basic and fundamental human right. Report on the World Food Day - October 16, 2023

Sanskar School organised a Food Donation Camp to commemorate the World Food Day, students and parents willingly donated Pulses(dal) and rice(chawal) with earnestness, which was sent to an NGO, "Kamla Bai



Navratri Celebration (October 20 and 21, 2023)

Celebrating all the festivals inculcates a better understanding of all

the religions and is the key for living with each other with love, affection and harmony.

Navratri not only
symbolises the victory
of good over evil but
also celebrates the
spirit of Indian culture
in its togetherness. To
adore the spirit of
Navratri, Sanskar
School organised Garba









Raas for Pre-Primary and Primary students on October 20 and 21, 2023. Children danced to the tune of Gujarati folk songs. They felt special as they were dressed in beautiful traditional clothes. They learned and shook their legs with the steps of Garba and Dandiya. The celebration created many everlasting memories that our children will cherish forever.



Diwali Celebration (November 8, 2023)

"Festivals are the embellishments that make life colourful."

Diwali is the most awaited and brightest festivals of all with its presence across the world. To enable the students to understand the importance of Diwali and the reason behind this festival of lights, Sanskar School organised different activities.



The day started with a calming morning prayer to invoke the blessings of Lord Ganesha. Various craft activities were conducted where the little Sanskarians showcased their creativity. The children handcrafted elegant paper lanterns, Bandarwal, Decorative Colourful Diyas and Diwali cards to brighten up the festive atmosphere. The learners enthusiastically made the decorative material which filled the whole atmosphere with positivity.



Competitions @Sanskar

Inter House Creative Writing Competition (August 9, 2023)

"Anybody can make history. Only a great man can write it." — Oscar Wilde

Creative writing expresses the writer's thoughts and feelings in an imaginative way. Creative writing is guided more by the writers need to express feelings and ideas than by restrictive demands of factual and logical progression of expository writing.

An Inter House English Creative Writing Competition was organized at Sanskar School on Thursday, August 10, 2023, wherein all the students of classes I -V participated. This competition was one out of the numerous enjoyable competitions that gave students a platform to learn how to express their ideas and views in different ways. This competition helped students improve their linguistic skills. They developed varied vocabulary, organisation of thoughts and understood the correct sentence formation. Learners participated earnestly in the competition. Their efforts and initiatives were appreciated by all.



Inter House Hindi Poetry Writing and Recitation Competition (September 6, 2023)

"Poetry is the art of uniting pleasure with truth "

An Inter-house Poetry Recitation Competition was organized on 6th September 2023 at Sanskar School.

Beauty is the realm of poetry; the learners of Grade I to V enthusiastically participated in the competition as they got an opportunity



to exhibit their talent and confidence through writing and reciting the poem of their choice. Learners of grade I&II recited the poems as grade III to V presented it either by writing or reciting. The competition inspired the young poets to come forward and recite on stage. The students came up with different poems on different theme according to their grade levels. They enjoyed the perfection of expression, thoughts, emotions, rhythm. The participants from all the respective four houses left no stone unturned to win for their house, Students were judged on the parameters like confidence, voice modulation, memorization, and overall presentation. The young poets enthralled the audience with their

articulation and memory skills while reciting poems. It was a salendid opportunity for them to gain confidence through stage exposure. Everyone was delighted after seeing their pleasing performances. The judges appreciated and applauded the performances of the participants.

Inter House Role Play Competition (October 11, 2023)

'Life is a role-play; we all are characters Just playing our role sincerely. Children are great imitators, give them something great to imitate."

Role Play is an activity presenting a small act where the participants get an opportunity to imitate different characters. It offers a chance to the participants to gain experience,



showcase speaking and presentation skills and uncover personal aptitude.

An Inter-House Role Play competition was organised at Sanskar School on October 11, 2023, for the students of Grade 1 to 5. The objective of this competition was not only to blend learning with fun but also to develop confidence in the little ones. The excitement of our young actors knew no bounds as they waited eagerly for their turn to perform. Resplendent in their costumes and glowing in all



their finery, they emulated them with confidence and passion. Students portrayed themselves in different characters of their choice. It proved to be a great learning experience for all the children. Children were so electrifying on the stage that the judges had a tough time selecting the best out of all the breathtaking performances.





Grade -2Ht Role play competition

















Inter House Talk Show Competition (November 22, 2023)

"Nothing is impossible, the word itself says I'm possible." -

AUDREY HEPBURN

Sanskar School organised an Inter-House Talk Show Competition for the learners of Grades I to V on November 22, 2023. It was a great learning experience for the participants as well as the viewers. The competition tested the students' clarity of thought, language frequency and self-confidence over the language all within a time limit. This helped the participants display their oratory skills as they spoke empathetically on the allotted topics. The event culminated hoping to meet on a similar platform again very soon.













Visit to a Sculptor (Grade 2)

"Essentially, all life depends upon the soil ... There can be no life without soil and no soil without life; they have evolved together." — Charles E. Kellogg.



Under the TD Theme: How The World Works, learners of grade 2 visited a sculptor, where students learnt about using soil as a sculpting medium. It was undoubtedly an engaging experience.

One of the most striking things they learnt was how the sculptor viewed soil not just as dirt, but as a rich and versatile artistic medium. It was an eye-opener for them to see how soil could be transformed into intricate and expressive sculptures. The sculptor explained that different types of soil could be used to achieve various textures and colours, allowing for a wide range of creative possibilities.

This knowledge immediately shifted our perception of soil, and we began to see it as an artistic canvas waiting to be moulded.

While moving out, our students carried with them not only newfound knowledge about the artistic potential of soil but also a deeper



appreciation for the environment and the need to protect it. The visit served as a reminder that art can be a powerful tool for advocacy and change.

Visit to Albert Hall Museum (Grade 4)

Learners of grade 4 visited Albert Hall Museum to enhance their understanding about ancient civilization under the theme- Where We are in Place and Time on 20, 2023 November.

They enthusiastically explored artefacts of ancient civilization. They were able to compare weapons, utensils, costumes, musical instruments of past with present civilizations. They were able to relate their understanding about Egyptian civilization after watching mummy. They became knowledge by reading and observing different sculptures of past centuries. They were able to take responsibility action to preserve the artefacts used by their parents and grandparents after the visit.













