

**From Principal's Desk.....**

"Stay committed to your decisions, but stay flexible in your approach."



An essential part of becoming a successful learner is developing the ability to self-regulate in various situations. Since learning is technically boundary-less, it is only suitable if there are numerous learning approaches to match various learning goals.

Approaches to learning focus on how children learn. It refers to the skills and behaviours that children use to engage in learning. Children draw on emotional and behavioural self-regulation skills in many ways. They develop different coping strategies to manage feelings when playing with other children and following classroom rules. This growing ability for children to manage emotions and behaviour allows for more positive engagement in learning activities.

They learn to navigate learning experiences that are challenging, frustrating successfully, or simply take time to accomplish.

Many factors influence how children approach learning. Some children are born risk-takers eager to try something new, while others prefer to observe for a while. Creativity makes learning come alive. It gives opportunities to children to explore new ideas, think critically and problem-solve, and express themselves in their unique way.

The Approaches to the learning domain incorporate emotional, behavioural, and cognitive self-regulation. This domain also includes initiative, curiosity, and creativity. Supporting children's skills in this domain helps children acquire knowledge, learn new skills, and set and achieve goals.

Schools want their learners to combine a deep understanding of their own culture and nation with the skills to be global learners who can contribute and adapt to the uncertainties of the modern world.

**Ms. Girdhar Kumari**

**Principal**

From PYPC's pen.....

"Education is for improving the lives of others and for leaving your community and world better than you found it"- Marian Wright Edelman

Imparting education which fosters all the attributes of a global citizen is the foremost duty of any school. We, at Sanskar strive to deliver the best in-class facility in terms of academics & non-academics both; so that each one of our students stand out in the world.

Term 2 started with a whole lot of collaboration, planning & strategies to execute the class shows on grand level. The focus of these class shows was motivating students to exhibit their learning through arts, music, dance, drama and ICT skill. It not only helped them to get rid of stage fear but also boosted their confidence and developed various skills like thinking, research, social, communication and self-management. Children enjoyed the process of learning thoroughly. We are sure that these are the life skills which are going to help them to achieve their goals in life.



Ms. Smita Benuskar

PYP Coordinator

## Early Years

Our toddlers from Grade Vatika, explored various animals and their world, under the theme Sharing the Planet. They enjoyed learning about animals on land, water and air through pictures and videos and shared their understanding with peers. Learners enjoyed the stories of Panchatantra and other moral stories related to animal world. They enjoyed virtual trip to Mysore Zoo and pledged to take initiative by taking care of animals in surrounding. Learners realized how animals and humans are dependent on each other in this theme.



Learning about night and day works as a precursor to introducing pre-schoolers to calendars and other methods of tracking time. Students of class Vatika learned about the concept of time (day and night) and seasons under the theme -How the World Works. Under this theme, children understood the passage of time and seasonal change. They learned about connected activities in daily routine and also understood that we need to change our daily activities according to time and seasons. Learners enhanced their vocabulary associated with different seasons through various learning experiences.

Our tiny tots from grade Praveshika engaged themselves in learning about the plant world, they enthusiastically participated in germination activity and enjoyed its day-by-day growth. Showcasing attributes of true inquirer and knowledgeable they learnt about various parts of plants, colour, texture of leaves and various other features. They understood how plants play a vital role in our lives in this theme.

Stories create magic, a sense of wonder and teaches us about life, qualities, human nature, about ourselves and others. So, in class Praveshika we chose this unique way of developing an understanding, respect and values under the TD theme- How We Express Ourselves through story telling.

Students explored various forms of stories. Children were introduced to new vocabulary which enhanced their oral and visual skills. They created their own stick puppets, narrated a story of their choice and were able to tell the morals & values behind these stories. We are sure that it will promote their interest towards reading and inspire them in various ways.

**Ms. Shikha Saini**  
**Grade Coordinator**



## Grade 1

Throughout the theme, 'Where we are in Place and Time' learners explored various types of houses around the world through videos, images and virtual field trips. Learners explored different parts of their own house and identified how each room has its own purpose. They used their thinking skills and creativity to design their dream house. Learners were able to establish connection between the climatic conditions and structure of houses. It was amazing to see how they came up with ideas of using eco-friendly material to build a house.



Under the theme 'How We Express Ourselves' learners enhanced their knowledge about various celebrations and beliefs around the world. They became internationally minded by exploring various celebrations, greetings around the world and understanding the beliefs and values behind these festivities. Through the class show, they shared their understanding with the learning community by performing skit, fashion walk, dance and song. Learners were excited to celebrate, festival of Diwali with their peers in the school. We enjoyed every part of this learning journey!

**Ms. Shuchita Mathur**  
**Grade 1 Coordinator**



## Grade 2

During the theme - 'Sharing the planet' under central idea - 'Human choices support the earth's resources'.

Learners of Grade 2 enthusiastically inquired about earth's resources- i.e., natural and man-made resources, renewable and non-renewable resources.

They also explored how to conserve these resources and investigated about human choices that are polluting these precious and vital resources. Curious inquirers pondered on strategies to preserve resources and prevent their wastage.

They also explored 3R's - Reduce, Reuse, Recycle which will help in creating sustainable environment and better future.

Under the theme - 'How the world works' learners explored the central idea - 'Soil support life on earth'. They shared their learning through the phenomenal 'Class Show- Save Soil, Save Earth', which was a demonstration of transdisciplinary learning, as learners used various mediums like dance, song, drama, PPT presentation to showcase their understanding. The entire presentation was a responsible action as students advocated various ways to conserve and preserve valuable gifts of nature. The message was clear and loud to the audience.

It was a great success with lots of new learning and experiences for one and all!

**Ms. Garima Rawat**

**Grade 2 Coordinator**



### Grade 3

Under the transdisciplinary theme-**Where we are in place and time**, learners explored & understood the variability in geographical features around the world (like mountains, plains, plateaus, valleys, deserts etc). Globe was explored to understand various continents & water bodies on earth. They acquired new knowledge by learning various features of landforms and became open-minded by respecting lifestyle of other states and countries. Learners understood how human activities leave an impact on the landforms and suggested various ways to save landforms. Overall, it was a great learning experience for the learners as well as the teachers. Characteristics of animals determine their survival and interdependence with other living things. Under the theme- **Sharing the planet**, learners observed and described the surrounding and food habits of different animals and enhanced their thinking skill by connecting it to their classification. They recapitulated their learning by going on a trip to Nahargarh Zoological Park. It was interesting to see their research skill when they shared their experiences. Young explorers learnt about interdependence between animals in nature and ways to conserve animal life. Learners showcased their learning journey through class show and demonstrated various attributes such as risk-taker, communicator and reflective by presenting panel discussion, enactment, song, nukkad natak, lion and bird dance. It was an exciting journey throughout!



**Ms. Deepika Seth**

**Grade 3 Coordinator**



## Grade 4



As said by Ronald Reagan, Peace is not absence of conflict, it is the ability to handle conflict by peaceful means. Conflict is a very crucial and inevitable part of our lives. In the third theme- Sharing the Planet, learners were introduced to the word conflict with fairy tales and stories which depicted conflict. This helped them to understand the meaning of "conflict" in a very subtle way. It was interesting to see how the learners were able to develop Communication Skills when they actively participated in the classroom discussions and exchanged their views regarding the various causes of conflict and situations which trigger conflict. The "five finger rule" step followed during the class discussion helped them to analyse the situation and developed the attributes of Open-minded and Balanced and provided them a platform to share their individual perspectives.

They were able to take action during the times of arguments which clearly depicted their deep-rooted understanding of the concept of conflict. They were brilliant with the strategies that can be used for conflict resolution. This learning experience will definitely help the learners to control their emotions and analyse the situation which would lead towards positive ways to resolve a conflict.

In the next theme, Where We Are in Place and Time, learners explored the ancient civilizations which provided insight into why and how history has been unfolded. The visit to the Albert Hall Museum provided a perfect spark to the children to begin with the inquiry process. Learners developed their Research and Communication skills by gathering information on the geography, religion, achievements, political, economic and social structure of the major civilizations of the past like, Egypt, Indus Valley, Chinese and Mesopotamia. Learners tried to make new connections with the past civilizations to distinguish, compare and contrast the key characteristics of the ancient societies and to put forward their perspective thereby developing the attribute of a Thinker and Communicator. They also developed as Inquirers while researching on different artefacts of various civilizations. As the theme progressed, the members of the learning community decided to present a class show, which would help the learners to present their learning



journey about our past beautifully by enacting a play, dances of the different civilizations, music and a power point presentation.

We as the facilitators hope that the class show will help them become more compassionate, balanced and better decision makers since history teaches us to move forward, recognize our mistakes and learn from them, and ultimately create a better existence for all.

**Ms. Harshini Chouhan**  
**Grade 4 Coordinator**



## Grade 5

'Energy management' is a growing field of study and the need for sustainable development. The theme -How the World Works allowed the learners to explore the various forms of energy and their sources. They enthusiastically presented their learning about energy storage and transformation by making working and non-working models. Guest lecture by Amit Sir and a visit to the solar panel enhanced their understanding of the Law of Conservation of energy.



They are self-motivated to do their bit in conserving energy and also created awareness among others to do the same.

How we express ourselves was chosen as the exhibition theme for the year 2022-23. Learners explored how different countries of the world express their beliefs, values and culture through different art forms. Each section of Grade 5 selected a country for research, they worked in groups and made their own lines of inquiry to guide them through the path of their research and inquiry. They researched on the beliefs, values, culture, traditions, language, literature, food, festival and performing arts of Japan, China, Italy, Spain, and South Africa.

Young inquirers presented their research work through charts, posters, power-point presentations, fashion-show, music and dance performances.

Learners became open minded and started appreciating the culture, beliefs and values of other countries. They were able to compare the features of other countries with their motherland- India.

During the entire process the change in the learners was seen in terms of development of learner profile attributes and skills.

PYP exhibition witnessed the research work of learners on beliefs, values and culture of different countries through different art forms. It was shared with parents and guests. The guests highly appreciated the learners for their wonderful presentations and performances. The confidence and communication skills of these young learners was praiseworthy. Overall, it was a great learning experience for all!

**Ms. Shilpa Choudhary**

**Grade 5 Coordinator**



## Teacher's Corner

### A Christmas Carol

The Santa says with a smile, Merry Christmas.

It's time to rejoice and gifts are opened by us.

The weather is chilly and snow's all around,

To enjoy and have fun even adults are bound

There is a peculiar happiness, less in taking than giving.

The message of peace is spread by gifts and dove's wing.

The sky resounds with carols and laughter.

The joy isn't temporary, it stays ever after.

By:

Mrs. Harshini Chouhan



## Celebrations@Sanskar

**World First Aid Day** is celebrated every year on the **Second Saturday of September**. This year, World First Aid Day

2022 was celebrated on **10<sup>th</sup> September 2022**.

The day is recognized worldwide to

promote the significance of first aid, which is an important fundamental skill, and to create awareness on a global level about how it can save precious lives. Keeping this in mind, Sanskar School organized a guest speaker session by the school nurse Ms. Gracy who reiterated the importance of giving first-aid to the patients and also showed them some simple first-aids steps. Children were also encouraged to make their own first-aid kit for ready use.

### **White Colour Day**

White is a colour that is made with all of the colours. It is associated with purity, innocence, light, goodness, brilliance, faith and perfection. The colour white is reflective and stimulates peace, growth and creativity.

On Friday, 23<sup>rd</sup> September'2022, Sanskar School celebrated White Colour Day for tiny tots of Early

Years. Students looked gorgeous in their white clothes. They participated in making rabbit, polar bear by using cut and paste technique and also enjoyed thumb/finger printing activity. These activities were conducted with the objective of developing their fine motor skills.



## **World Mental Health Day**

World Mental Health Day is celebrated on October 10 every year for global mental health education, awareness and advocacy against social stigma. The theme for World Mental Health Day 2022 was to "Make mental health and well-being for all a global priority".



Sanskar School conducted an interactive session on Mental Health-It's importance and the need to identify and help those suffering from stress, anxiety, and depression. The session was conducted by the School Counsellor, Mrs. Priyanka Swittens wherein the need to raise awareness of mental health conditions and ensure that communities recognise the part each person has to play in creating a mentally healthy society was stressed upon.

The need for inclusion and acceptance was also discussed and students participated actively by putting forward their views and thoughts on the same.

**Krishna Janmashtami** is celebrated as the birthday of Lord Krishna, one of the most powerful and famous reincarnations of Lord Vishnu.

To seek the blessings of Lord Krishna, Janmashtami was celebrated at Sanskar School, Jaipur on 5th August 2022 with mirth and joy

Green turf area was decorated beautifully and the spirit of festivity was enhanced with Jhanki. Tiny tots of Early Years presented splendid dances and enacted short episodes depicting the birth of Lord Krishna. Dressed as Radha and Krishna, the cute little ones added a traditional touch to the entire celebrations when they danced to the beat of Janmashtami songs, filling the air with joy and festive spirit.



## Independence Day

The 75th Independence Day was celebrated with full zeal and fervour at Sanskar School. The school students hosted a colourful programme to celebrate the spirit of freedom.



The school Principals, Ms. Neelam Bhardwaj and Ms. Girdhar Kumari, hoisted the flag and paid their respect towards the Tiranga. The programme started immediately after the flag hoisting wherein the students paid their respect and expressed their love for the country through various art forms like dance, song, instrumental music and patriotic speech.

The celebration concluded with the singing of the National Anthem. Overall, it painted the environment with patriotic fervour and infused love for the country in our young patriots.

## Cookery Day

Food is one of the basic physiological needs which help humans to function properly. Importance of food is widely known and children need to be well-nourished to thrive.

To understand the importance of healthy food and to celebrate National Nutrition Week, Sanskar School organised Cookery Day for the tiny tots of Early Years on 2<sup>nd</sup> September'22. Children prepared vegetable sandwich and fruit chat with help of their teachers. They recognised the fruits and vegetables and other ingredients and used their numeracy skills to count them. Students also enhanced their vocabulary by learning new terms like washing, peeling, chopping, sprinkling, spreading and mixing. It was fun to prepare something in group and relish it together. This activity also boosted their self-esteem and confidence.



## Green Colour Day

"Green is the colour of nature's heart'.

Green is the most common colour in the natural world, think of nature and see green in all its glory expressing renewal and life. Green is said to have healing power and is understood to be the most relaxing and restful colour for human eyes. Green colour is associated with growth, safety and nature.

In order to emphasise the importance of green colour, Sanskar School conducted Green Colour Day for the Early Years children on 26<sup>th</sup> August 2022. All the students came dressed in different shades of green; bubbling with enthusiasm in their astonishing green costumes the little ones created a pleasant, harmonious and refreshing aura. They also carried green snacks and vegetables in their lunch box and enjoyed a nature walk where they observed leaves of different shades of green. Learners were seen engrossed in art & craft activities as they made cactus, frog and peas using cut and paste technique and enjoyed palm painting thoroughly.

The shades of green filled the air with freshness, thrill, ecstasy and bliss. It also prompted them to think how green colour energises and revitalises our lives. It was indeed an invigorating, reviving and rejuvenating experience....!!





## Pink Colour Day

Colours bring happiness and life in everything and it denotes love, beauty and kindness. It plays a very important role in the early development of children. To make the children explore more about the pink colour, Pink Colour Day was celebrated in Early Years wing of Sanskar School on 19th October'22.

Children were dressed in pink coloured clothes. They also named various pink coloured objects which helped them to recognise pink colour in their surroundings. Children made flamingo using hand painting technique and made flowers using cut and paste method. They also mixed colours to make different hues of the colour.



## Clay toy making

*"The important thing is to create" - Pablo Picasso*

Clay modelling is an activity that is therapeutically beneficial to kids in many ways. It improves hand-eye coordination skills, develops fine motor skills, encourages play-based learning, supports literacy and numeracy and improves social skills.

To showcase their creativity, tiny tots of Early Years participated in Clay Toy Making Day held on 7<sup>th</sup> October'22. It was fun to create various objects like flower, butterfly, teddy bear, snake, turtle, grapes, ice-cream and sun.



## Parasailing

Parasailing is a popular recreational activity that was developed in the 1960's

Parasailing is a sport. Parasailers are put into a harness that is attached to a parachute. They hold on to a rope and are towed at high speeds behind a vehicle. Our enthusiastic students got an opportunity to exhibit their attribute as risk-takers on 19<sup>th</sup> October 2022.



## World Food Day

### Each One, Feed One, Donation Drive

"There are people in the world so hungry, that God cannot appear to them except in the form of bread."

— Mahatma Gandhi

This quote stands as a universal truth, in order to do our bit towards eradicating hunger from our society, we called out for a donation drive through which our parent community was invited to donate raw food grains like rice and dal (approx. 670 kg) which was forwarded to Akshay Patra Foundation Jagatpura and Kamlabai Charitable Trust



## Activity week 8<sup>th</sup> August to 12<sup>th</sup> August

The term "school activities" applies to a wide range of skill-based games, strategies and interactive activities that support students' educational development. The goal of these activities is to enhance students' understanding, skill and effectiveness in a specific area by engaging multiple styles of learning. The school activity also serves to infuse fun into learning as well as bolster student confidence and the ability to think critically.



## Gardening Day

Selfless giving is the true nature of trees. We get so much from them and hence we felt that it's our turn now to give something in return to mother nature.

In this regard, our Early Years children took the initiative to make our school garden area look green and beautiful by planting seasonal flower saplings all around. This gave them the insight into germination and entire process of planting. It also developed gross motor skills and curiosity in them.



## Children's Day

Children's day is not just a day for children; it's an occasion for everyone. Children are the future of the country and the people of tomorrow, so they should be nurtured with care and love. Today's children will create tomorrow's India. To celebrate this day Sanskar School organized various activities like races, fun games, movies for their students. The school witnessed happy little faces and cheerful voices.



## **Talk show**

हिंदी हमारी मातृभाषा है। यह हमें एक सूत्र में बांधने का काम करती है। हिन्दी भाषा के शब्द ही नहीं, बल्कि इसके भाव भी दिल को छूते हैं। 14 सितंबर को 1949 को हिंदी को राजभाषा बनाया तब से लेकर आज तक हिंदी के महत्व को बढ़ाने के लिए हिंदी दिवस मनाया जाता है। इस दिन छात्र-छात्राओं को हमारे देश की राष्ट्र भाषा हिन्दी के प्रति सम्मान और दैनिक व्यवहार में हिन्दी के उपयोग करने की शिक्षा दी जाती है।

संस्कार स्कूल द्वारा हिंदी के प्रति इस दिन सम्मान भाव प्रकट करने के ध्येय से प्री- प्राइमरी के नन्हें मुन्ने बच्चों के लिए वाग्मिता गतिविधि (The Talk Show) का आयोजन 14 सितंबर 2022 को किया गया। इस गतिविधि के माध्यम से छात्र-छात्राओं में स्पष्ट भाषण का कौशल विकसित करने का प्रयास किया जाता है। विद्यार्थियों ने आत्मविश्वास के साथ अपने पसंदीदा विषय के अनुसार सज्जित होकर कुछ पंक्तियां प्रस्तुत की व सभी का मन मोह लिया। इस प्रकार विद्यालय में हिंदी दिवस हर्षोल्लास के साथ मनाया गया।



## **Competitions@Sanskar**

### **Inter-House Elocution Competition**

An elocution competition at school level gives students an opportunity to combat one of the biggest fear factors i.e. stage fright. It also allows the competitors to connect with the audience and foster the oratory skills like articulation and voice modulation. To boost these skills in our students, Sanskar school organized IH Eng Elocution Competition on 27<sup>th</sup> July 2022 for Grades 1 to 5. Students exhibited their oratory skills and spoke with confidence on various topics like My Family, My Healthy Routine, Benefits of Yoga, Action Speak Louder than Words, etc.



### Inter House Story Writing Competition

"A professional writer is an amateur who did not quit." Richard Bach  
Stories are wonderful pieces of prose that enable us to make sense of our world and pass on knowledge and values to ourselves, as well as the future generations. Keeping this in mind, Sanskar School organised the Inter-House Story Writing Competition for Grades 1 to 5 on 17th August 2022. The objective of the event was to empower students to predispose themselves towards writing and literature in an era where social media dominates, aspiring to ignite this creative spark in the students. It was an endeavour to direct students towards the creative path of writing and active expression.

### Inter House Hindi Recitation Competition

"Poetry is the rhythmical creation of beauty in words."

An Inter-House Hindi Poetry Recitation Competition was organized at Sanskar School for all grades from 1 to 5. Participants from all the four houses got a golden opportunity to showcase their poetry recitation skills. As beauty is the realm of poetry; children enjoy the beauty of expression, thoughts, feeling, rhyme, rhythm and music of words. Taking all these facts into consideration, the children got an opportunity to exhibit their talent and confidence. The competition inspired the participants to come forward and recite on stage.

### Inter House Talk Show



"Oratory is the power to talk people out of their sober and natural opinions."- Joseph Chatfield

All the students of grade 1 to 5 of Sanskar School participated in the Inter House Talk Show Competition which was held on 9th November 2022. The main reason behind organizing this competition is to nurture the intrinsic qualities of students and remove the fear of stage. All the children participated with great zeal and enthusiasm and it was a treat to hear them. The participants were praised by one

and all present there.



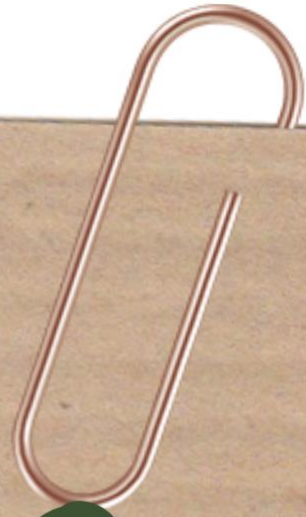
## Inter House Collage Making Competition

"On the great canvas of time, we all create our own masterpiece."

Sanskar School always encourages its students to display their hidden talent through various co-curricular activities. The school provided a platform to the students of grade 1-5 with the Inter House Collage-Making Competition on 19th October 2022. All the participants were seen engaged in using old newspapers, magazines, other materials / waste materials, scissors and glue to create interesting displays as per their theme. The aim of this



competition was to enrich student's experience in pictorial composition through handling new materials. The enthusiastic students got an opportunity to exhibit their divergent thinking and creativity. Students had to decide what to use and how best to use the material to express themselves.



Thank you

Compiled and Designed By:

Ms. Anchal Midha  
Ms. Poonam Jain

